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#### Good for...

- Schools
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Google their names, and you will see stories of great sporting triumphs alongside stories of tragedy and heartache. These stories will inspire your group to make good decisions, hang in and seek the help of others during hard times.



Coaches, managers, community leaders, local police, and School Principles have called on the team to assist communities in addressing drug and alcohol issues, depression and anxiety, bullying, and working through traumatic events that affect mental health and culture.

A visit to your community may start with a discussion about problems you are trying to address with your group.





### **Team Members**



#### **Mick Ostini**

Career: Balmain Tigers, Eastern Suburbs, South Sydney Rabbitohs. Today: Mick is the Owner of Impact Gyms and The Patron of The Impact Team



#### **Solomon Haumono**

Career: Australian Heavy Weight Champion. Manly-Warringah Sea Eagles, the Canterbury-Bankstown Bulldogs, Balmain Tigers, St George Illawarra Dragons, London Broncos/Harlequins RL. Represented New South Wales and Australia Today: Solomon and His wife Margret Run Redfern Youth Connect, "Youth-Led Programs helping young people stay engaged in education, staying out of trouble and plan for a brighter future."



### **Charles Tonga**

Career: Sydney Roosters, Canterbury Bulldogs, Coached the Tonga International

Today: Coach, Altona Roosters, Chaplain and Youth Mentor



### **Gerry Gomez**

Career: Marconi, APIA-Leichhardt and Parramatta Eagles. Represented

Australian Socceroos in 1985

Today: Director of Coaching at SCEGGS Redlands



#### **Mark Horan**

Founder, Director, and Father figure to the Impact Team
His mentoring has led to the development of a fantastic team of chaplains and sports professionals, engaging and partnering with local community groups, and holding free clinics to help encourage and plant seeds of vision and hope.



#### **Graham Trenowden**

Graham handles the team's transport, equipment and logistical operations. He travels with the Team and works in the background to ensure everything runs right.



#### Earle Webber

Earle is our Event and Media Manager and Promoter. Often at the back of the room running sound or cameras.



### What they are and what they are not.

- They are not Counsellors, therapists, psychologists or teachers.
- **They are** living examples of the importance of counsellors, therapists and teachers. They motivate young people to seek discipline, mentoring and guidance through tough times.

### **Experience and Qualifications:**

Our speaking and management team members have Credentials as Chaplains with Sports Chaplaincy Australia. They all work as coaches and mentors in schools, communities, and sports organisations.

## Compliance.

### Working With Children Check.

Every member of our team visiting your school, and the support team with them, has a current Working with Children Check.

#### **COVID-19 Vaccinations.**

A small number of our team are not COVID-19 Vaccinated for various health reasons. If your school requires vaccination as a condition of entry, please let Earle Webber (0427 282 969) know so we can make alternative arrangements.

# **Sports Clinics**

Sport	Team	Members	
Rugby League	Team members have represented Australia, Tonga and professional NRL Teams	Mlck Ostini Balmain Tigers, Eastern Suburbs, South Sydney Rabbitohs. Owner of Impact Gym Charles Tonga Sydney Roosters Canterbury Bulldogs, Coached the Tonga International Team Solomon Haumono Manly-Warringah Sea Eagles, the Canterbury-Bankstown Bulldogs, Balmain Tigers, St George Illawarra Dragons, London Broncos/Harlequins RL. Represented New South Wales and Australia	
Boxing	Team members include an Australian Heavyweight Champion	Solomon Houmono 14–0 (all by K.O) Heavyweight Australian Heavyweight Champion Mick Ostini Trainer, Promotor, Gym Owner	
Soccer	Team members include Australian International Players	Gerry Gomez Marconi, APIA-Leichhardt and Parramatta Eagles. Represented	



		Australian Socceroos in 1985
Basketball	Team members include Australian NBL Players	

# **Funding**

The Impact team runs on a shoestring budget supported by Impact Churches and Gyms. Much of the equipment used is donated by the sponsors Stanno, Redlands School, Northbridge Football Club and North West Sydney Football. The team themselves provide a lot of the funding and resources to make our visits possible. In addition, local groups and churches offer valuable support, and accommodation and help to keep us on the road.

### Videos and Photos

The team travels with a media professional to capture images to promote the work of the IM Team and raise awareness and fundraising.

Our Media Staff will liaison with your media representative to ensure that images are approved.

### Before our visit

#### **Promotional Material**

IM Team provides promotional material with links to the team members' profiles. We find that your group will be more open to the team if they have had some exposure to the history and bios of the team members at <a href="https://www.imteam.com.au">www.imteam.com.au</a>.

### Let us know what you need.

In preparation for our visit, we must maximise the time we have together by addressing the most critical issues for your community. We have set up pre-visit feedback to understand how best to assist our visiting communities. Please know how we can help by visiting www.imteam.com.au/pre-visit



## **Typical Schedule**

Session	Description	Time Slot
Run-on the Oval	The guys like to rock up during recess or lunch and just run around on the oval with the kids; it breaks the ice for the subsequent sessions	Break
Mental Health/Success Session	Usually, a panel where  • Failure and Success  • Anxiety and Depression  • Bullying  • Mentors and Coaches  • Family and Community  There is often a Q&A	Session One
Sports Clinics	Rugby League Rugby Union Soccer Basketball	Session Two
Meet and Greet	This can turn into some chats on the oval or a throwing the ball around with the team	Break

### **Discussions**

**Keys to Success:** Competitive sports teach you fantastic life lessons. These guys have played at the highest levels of their sport, but most of the most significant battles they have faced have been off-field.

**Failing Forward:** Failure is inevitable. These guys dealt with peaking in their careers early, and the pain of being cut from teams; however, their real-life experience is an excellent source of wisdom and inspiration.

**Anxiety and Depression:** From personal experience to stories about team members, high-performance athletes deal with anxiety and depression in elite-level competition.

**Bullying and Social Pressure:** Social media environments mean that failures among our youth are often very public. Many of our team have been the subject of national headlines for the wrong reasons. Their stories contain wisdom and inspiration.

**Mentors and Coaches:** Elite levels of sportsmanship can only be achieved through the guidance and correction of coaches and mentors. Our team bring balance and passion to the idea of discipline, accountability and guidance as a key to life success.

**Families and Communities:** Our team have many stories about being distracted by fame and opportunity but learning valuable lessons about the importance of families, friends and communities that provide a lifetime of support and guidance.



## **Feedback**

We are always looking for ways to improve our program. The most valuable resource for us is the feedback we receive from the schools. For that reason, we have set up a review channel; your feedback helps us to improve on our next visit and makes us better at what we do. Please visit <a href="https://www.imteam.com.au">www.imteam.com.au</a> to express any concerns or feedback.

### **Contact**

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